



The Bluffer



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Serving Red Bluff High School since 1901

MARDI GRAS PICKLEBALL COMPETES FOR CHARITY

Trent Kitchell
Staff Writer

You may be asking yourself, "What is Pickleball?". Pickleball is becoming one of the more popular sports of the era. It is an easy sport to get your friends out and go play all while getting a fun workout in. Pickleball is a sport played with a paddle and perforated polymer ball on a long



Photo Credits/ Bluffer

with miniature court resembling the one used in tennis. Pickleball exhibits elements from tennis, badminton, and table tennis. The small size court makes it easy for anyone of all ages to play, especially for former

tennis players who cannot move around the court as they used to. Here at Red Bluff High School, Mrs. Palubeski has taken initiative to create a tournament that donates the winnings to the champion team and from there, to whoever or whichever cause they would like to support.

Palubeski exclaims "We have celebrated this particular tournament the weekend before Mardi Gras."

Her rationale for having this event at this particular time was because "I used to teach French and celebrating Mardi Gras was one of my favorite things to do. Now that I no longer teach French, my outlet for celebrating went to Pickleball.

Traditionally, in New Orleans, there are "Krewes" which are basically clubs and organizations that get together to celebrate. Many will also fund-raise during this time for a cause."

Many people may not know about this tournament or how to



Jody Johnson, a high scorer, pauses to talk with Mrs. Palubeski.

get involved and Palubeski stated that "I post an announcement and players contact me. This particular tournament can

only accommodate 16 players, 4 players per krewe. Once I have 16, the tournament is closed."

This year, "the four krewes were "Krewzin' for a Bruzin", "School Krewe", "Loose Krewe Balls" and "Krewp Therapy".

This year the winning krewe was the "School Krewe" that chose the "Back to School Project" as their cause. The krewe consisted of Jody Johnson, Margaret Gambetta, Tom



Second time player and Teacher, Stacy Dausee hits the ball with ease and grace for the win.

Tranbarger, and Merry Catron. They were able to donate over \$600.

Margaret Gambetta, a member of the winning

team, stated that "Mrs. Palubeski has an infectious enthusiasm for pickleball and she has been very patient in teaching several staff members the game." Another participant, Stacy Dausee, said "I stepped outside my box, met some new people, and had fun with those I usually only see in a work setting."

Even though this tournament has concluded, you may want to start brushing up on your skills for the next time this event comes around.

CAASPP testing begins for juniors

Nelly Navarrete
Staff Writer

C.A.A.S.P.P. testing or the California Assessment of Student Performance and Progress, is starting on March 30th. The first week will be mathematics testing from March 30th to April 3rd. April 6th to 9th will be English and April 21st to April 24th will be testing for the sciences. These tests are all for freshmen, however the science test are also for sophomores and any seniors that have not taken it. The school is also offering A.C.T and S.A.T testing. A.C.T testing will be April 4th, starting at 8:00 a.m., so students must register online by March 13th. The A.C.T test also includes social science. S.A.T testing will be April 3rd, but students must register five weeks in advance. Some specific goals for the school are that students perform at their best level and show growth from their 8th grade scores, as this will reflect how well Red Bluff High prepares their students.

When asked why students should want to participate in the standardized testing, Mike Fox, the testing coordinator for the high school, informed us that the school will be holding a raffle for prizes that they do every year to encourage participation and growth. This year they will be giving out a laptop, tablet, and wireless headphones. Fox also included students should not only participate for these rewards but to prove to themselves what they know and what they are capable of. According to Fox, it should be a personal accomplishment because, "In life that's all that really matters."

Mike Fox wants everyone to know, "In general, as a school, we are working hard to improve our scores to truly show how great a place Red Bluff High truly is." Both the English and math departments are trying to improve the scores from the previous years. This year, science will also be tested. The science department has been working hard to align their curriculum to the new federal and CA State Standards.

Admin looks to hire new staff

Milca Valladeres
Staff Writer

Although we're sad to see teaching come to an end for many teachers here at Red Bluff High School, we are looking forward to seeing new faces next year! The school is planning on finding new teachers who overall follow the School Motto. They want people who are Committed, Accountable, Responsible, and Enthusiastic.

Red Bluff High School is looking to hire music, science, art, history, SPED and ELD teachers. Many of these positions are vacant due to teachers retiring, but the school has also been experiencing increasing enrollment in the past few years.

The district is also hiring two admin positions. The current principal at Salisbury High School, Barb Thomas, is retiring this year, so the district is looking to hire someone for her position. Red Bluff High School is also looking to add a new admin position that will oversee the athletics and the CTE programs.

Of course either way, they are simply trying to find people who

are planning on making the teaching experience here at the high school great!

Associate Principal, Wendy Drury, stated that the application process for new teachers ends on March 8th. They plan to do a paper screening

So whatever the case may be, they are happy to find anyone, whether they are beginning their teaching at the high school or have taught before. Principal Rich Hassay, Human Resource Director Karen Borrar and Associate Principal Ryan Vercrusse attended a job fair at Chico State hoping to attract candidates for the open positions.

There's also a possibility of moving a several teachers who are not retiring next year to different areas or take over certain teaching departments.

The good thing is that the school is looking at a wide range of diverse teachers with all different backgrounds to be a part of Red Bluff High School.

Drury stated that it's sad to see people who you've worked with for so long to leave, but it's also exciting knowing that there will be new additions to the school. The process can almost be described as "bittersweet."

Therefore, be prepared to see some new faces here at Red Bluff High School next year! In the meantime, enjoy the last few months with a few of the teachers who are leaving us in the next year, and make sure their last year here is a great one!.



Mr. Hassay, Mrs. Borrar, and Mr. Vercrusse are all smiles at the Chico State job fair.

Talent Show

- The Talent show will be held on Wednesday March 25, from 7:00 p.m. to 8:00 pm. in the PAC.

ASB Officer Elections

- The ASB Officer Election Week will be March 16-20, 2020. Voting will be held on Friday, March 20.

ASVAB

- The ASVAB test will be held on Friday, March 20, from 8:00 to 12:00 p.m.

Voting Importance...

STAFF EDITORIAL

When one sees or hears the word 'civics', most people draw a blank. Some (if they're old enough) may remember the term from high school, but civics, the study of the rights and duties as a citizen, in general is an understated topic in public education. A crash course on government and economics is extremely beneficial, but the people receiving it are on the tail-end of their education and childhood.

Knowing civics and understanding it are two entirely different things; by the end of it, the goal is that teens understand a sliver of their government and the ideas of democracy before they take on adult responsibilities, however, there remains a dilemma in election booths.

Young adults ages 18-35 are the largest voting body in the U.S. and are quickly becoming the most vocal one, but data shows that they're also the ones who participate the least in the democratic process.

In 2016, only 46% of millennials voted in the elections, while 72% of the Silent Generation (71+) did. Why would the largest group in the electorate, including being the most politically active one, not show up to vote? According to a lot of millennial voters, it's a combination of factors; some are moving around a lot and don't have a secure address and therefore can't register.

For others, they don't know how to register, and the rest? Just disillusioned by the democratic process and party candidates. Regardless, this apathy made an impact in

the 2016 election and the last four years in American history, one that some millennial voters don't wish to see happen again. The problem is, the 2016 election was nothing new for the US; the majority of eligible voters in America don't vote. In other countries like Belgium and South Korea, voter turnout is over 80%, and on election day, voters are given time off from work to go and vote. America on the other hand had a little over 55% voter turnout.

We tend to treat voting as a hassle; we dread the results of the primaries, we dislike the campaigning, and we hate having to fill out the election packets. Whether it's for personal reasons or just disinterest, our actions and failures to take action bring consequences that we have to face regardless of what we feel.

If we don't vote, our opinions won't be represented or seen in the government, and the global challenges we face will continue to remain unsolved if we continually shrug our shoulders when a problem arises. A handful of celebrities have actually taken on the voter turnout problem and use social media to get millennials to the election booths. Michelle Obama has started a new initiative called *When We All Vote* to change our young adults' perceptions of voting.

Young adults themselves, like Sophia Kianni and students from Parkland High School, have started movements that have gained international momentum. The important thing to remember is, your vote and your voice counts; a democracy is a government for the people, by the people, but it can't run on ghost voters and nationwide apathy.

The coronavirus pandemic affects all countries

Should they have done a better way of containing the new CoronaVirus? Should they have taken the necessary precautions to maintain a balance of order? With the sudden 50% increase in some parts of the world the CoronaVirus has so far changed the point of view on thousands of doctors and nurses.

This disease has spread faster than anyone had expected and has taken a toll on millions. It all began in China and some people have conspiracy theories that the Chinese government had created this virus to take out a small portion of the population.

Some would say the Chinese government had this all planned out but once it got out of control they had no way of controlling who was exposed to the disease and who was spreading the disease to the rest of the world.

Once the disease had left China and spread across world wide they declared a state of emergency and closed off all of their borders trying to secure the virus but none of those actions helped because of how it spread through multiple people traveling across the world.

This also took place around the Chinese new year which is one of the biggest celebrations in

the world; millions of people were exposed to various and millions

the barbers first was shown in the US on a cruise ship where

"Millions of plans and trips have been canceled worldwide including our very own Red Bluff High school Italian exchange trip..."

of people have yet to be diagnosed with it and yet to have side effects. It was not too long ago when

they quarantined it for a whole 2 1/2 weeks. Millions of plans and trips have been canceled

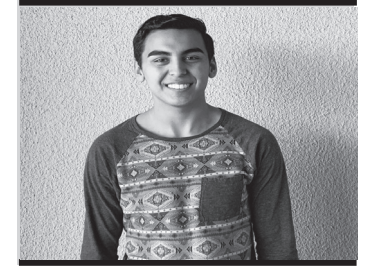
worldwide including our very own Red Bluff High school Italian exchange trip due to the 50% increase in Italy is outbreak from Friday evening to Saturday evening due to the coronavirus.

No one could have stop the spread from getting to where it has gone today but if you think about it could the Chinese government at least given a warning to the other countries about their experiments on people and animals for all we know did they have to do it around the biggest event of the year.

Why should billions of other people be scared to travel, be scared to live their normal lives

and be scared because of how the virus can spread. I think that whenever the next coronavirus pops up, that maybe the city should be blocked off from the rest of civilization until they can confirm the virus will not spread.

Edward Rosas



Staff Writer

Students question the location for the newly built softball field

The Red Bluff High school campus has seen many changes as of recent, one of the more notable being the new softball field conveniently located as close to the parking lot as possible; those foul balls could really do some damage to parked cars.

I believe that the planning on this new field was poorly executed and a bit unfair to the baseball players.

The fear of the girls teams claiming it to be unfair I understand why the school would decide to give them a third fully functional field while the boys only have one not including the piece of land that everyone refers to as the JV field. When construction is

finished, the girls team will have three fields to choose from to play league games; however, the boys teams only have one full field.

When interviewing students with opposing opinions on this matter in support of the field, one commonality was that the new track will run right through where the Varsity softball field is meaning they would need a new field.

While this is a valid point the track would then also have to run through even more of the JV field making it almost impossible to be used even for practices.

This is only one of many reasons including how there is a building on the other side of the outfield fence with a window

pointed towards the field.

But the plans for this field must have been well thought out because what are the chances that a ball could actually break a window.

Overall, the softball field location was poorly planned out and there will be many cases in which there are close calls with windshields and close calls with the woodshop windows. Poor planning admin, poor planning.

Colton Carver



Staff Writer

People generally promote false stereotypes of tennis players

Tennis is thought to be a sport for the rich, the nerds, or the unathletic wannabes. These stereotypes have stayed true for the past few decades and continue to be burdens on the shoulders of the sport.

First off, you do not have to be rich to play. Most of the time, you can find tennis courts in your community such as the ones right next to the high school or the ones over on Lincoln Street.

You also can find rackets for super cheap at sporting goods stores or even Walmart for less than \$30. Finding tennis balls is even easier whether they are leftovers from the previous group of people that played or you could just buy a can of three located close to where you would find the rackets at for around \$3.

The accessibility to tennis there, and if you don't know how to play, there's always Youtube that can help you get the basics down so that you can still go out and have a fun time.

Another typical characteristic that people believe to be tennis players is that they are nerds who have no actual athletic ability and are just trying to fulfill their PE credit.

While this may be slightly true in some cases, for the majority, tennis players need to be just as active and fit as any other athlete in any other sport.

At a beginner level, tennis can be just as tedious to catch on to as any other sport and it takes time and hard work to develop true abilities. Once you reach the higher

levels, you start having longer rallies, hitting harder balls, and grow a true passion for the sport. Unlike some sports, tennis requires craft and creativity.

You cannot expect to hit the ball up the middle every time and win the point. You have to use the court to your advantage and move your opponent around.

Tennis should not be overlooked as just another sport that people don't have to work hard to be good.

Trent Kitchell



Staff Writer



photo credit/Bluffer

Money can buy happiness

Money has always been a controversial topic of whether it truly makes us happy or not. It is true that friends, family and more have always been a factor in increasing our happiness.

It's also been stated that happiness does not always come through materialistic objects, but money has been proven to help increase our happiness even if it's not fully fulfilling.

A researcher at Purdue University, Andrew Jebb, stated that "individuals making between \$60,000 and \$75,000 on a yearly basis are likely to be happy on a day-to-day basis and content with their situation, while those topping \$95,000 are generally pleased with their life as a whole."

People have stressed about a roof over their heads and not having enough food. With money, issues like these relieve people after knowing they have enough money for their everyday lives.

A minority of people at school have also said that the feeling of buying a new car or a nice pair of shoes makes them feel content. People have argued that money can never satisfy us or make us happy.

Although that is true to a certain extent, money has been able to make people more at ease and satisfied as well.

It also depends on the way you view money, it can be a stressful factor or a happy factor towards your life. With the right mentality

and motivation, the feeling of earning money and buying things through money makes us feel good.

Money is also significant because it can afford you the desired lifestyle and help fund each of your life's goals like getting married and having a family, buying a big house or traveling around the world.

Milca De Los Santos



Staff Writer

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Spartan Sound off

What do you like about the month of March?



Zoey Brundage (9)

"I like the weather. There is a nice breeze."



Royce Vaught (10)

"March Madness because I like watching basketball."



Allie Fox (11)

"It's spring, green outside, and it's track season."



Tommy Rodriguez (12)

"It has Leprechaun Day and they are small like my thumbs."



Mrs. Gantenbein (Teacher)

"It's exciting to see the seniors getting accepted into colleges and make decisions."



Mr. Soksoda (Teacher)

"I like watching March Madness."

Sound Off / D'Angelo Ackley

Contestants' zest for Mr. Spartan grows as competition creeps closer

Cooper Bonham
Staff Writer

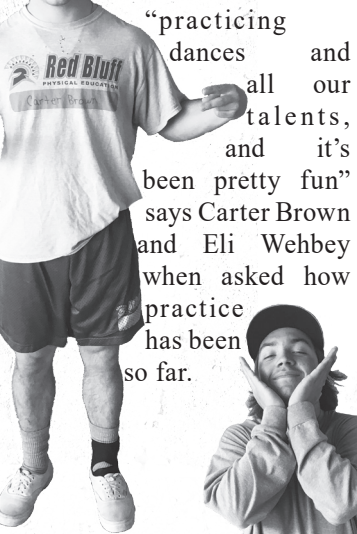
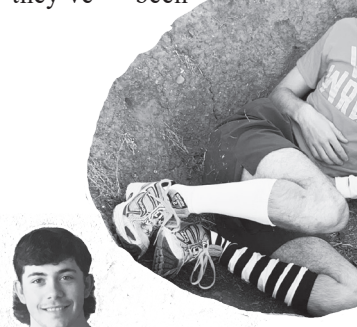
Mr Spartan takes place March 14 at 7:00 p.m. in the PAC, a Saturday, and tickets are marketed at \$6.00 - \$8.00 in the student center.

There will be 9 contestants, these contestants consist of seniors Trent Kitchell, Austin Keffer, Carter Brown, Evan Scott, Vance Wagner, Leslie Shank, Eli Wehbey, Justin Hinkston, and Edward Rosas (Hunt).

Carter Brown, senior at Red Bluff High, when asked why he wanted to participate in the 2020 Mr. Spartan pageant, said "so that I could have all the chicks check me out, and also because my mom said I had to do it."

The contestants have started practicing for Mr. Spartan. Carter Brown said he has been practicing for Mr. Spartan. "They can be fun, not really boring at all" and they've been there and having a good time, and not being worried about winning."

"Putting myself out there and having a good time, and not being worried about winning."



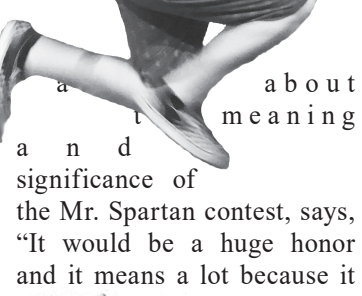
These two have faced some challenges in this contest, such as "getting out of my comfort zone having to perform in front of everyone" for Carter Brown and for Eli Wehbey, "Coming up with ideas for the talent. Finding a costume was hard too."

Red Bluff High School represents some of the challenges and have a fun time performing. You can buy your tickets from March 2nd - March 13th. Don't miss this annual, exciting tradition, come support your young Red Bluff High School!

These two have faced some challenges in this contest, such as "getting out of my comfort zone having to perform in front of everyone" for Carter Brown and for Eli Wehbey, "Coming up with ideas for the talent. Finding a costume was hard too."

To Carter Brown winning Mr. Spartan, "Would be something that meant a lot to me because it means a lot to people to win, and for my school it represents my family. For the school it's a big deal because Spartans are our mascot."

Red Bluff High School represents some of the challenges and have a fun time performing. You can buy your tickets from March 2nd - March 13th. Don't miss this annual, exciting tradition, come support your young Red Bluff High School!



This event is a major event at Red Bluff High School and it brings the community together. The contestants and people who help put it on plan to impress and plan to have as many people to come watch them overcome some of the challenges and have a fun time performing. You can buy your tickets from March 2nd - March 13th. Don't miss this annual, exciting tradition, come support your young Red Bluff High School!



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Teacher Feature: Mr. Null

Easton Ross
Staff Writer

It is one of Red Bluff High School's finest teacher's fifteenth year being an educator.

Mr. Null taught at Salsbury for his first four years and then moved his fine self over to Red Bluff High. He grew up in Red Bluff and graduated in the class of 2000.

When asked what college he went to and why he became a teacher, Mr. Null responded, "I went to UC Davis and I love it when students get it, light bulb comes on, and I enjoy making students see the world through a scientific lense. I like having students discover the natural world and how it works. Science is everywhere, it's all around us. I enjoy the challenge of making kids think critically. If you have developed critical thinking skills regardless of if it's science related, those skills will benefit you throughout your life."

When asked what he is passionate about outside of school, Null said, "I am a weather spotter for the national weather service in Sacramento and I closely monitor current conditions and forecasts. Besides the weather, I enjoy fishing, gardening, and family. I love spending time with my family in the outdoors."

The hardest part about teaching for Null is "finding a way to motivate all students to. My reward is seeing students be productive members of our community."

When asked if he wanted to include any other information about himself in his interview, Mr. Null's final statement was, "Our nearest Star, other than the sun obviously, is 4.2 light years away. Using the fastest spaceship known to men, It would still take tens of thousands of years to reach that star. So we better figure out a way to be kind to one another and be kind to planet Earth, that's what motivates me."

If you have a chance come see Mr. Null today in the science building and thank him for all his work here at Red Bluff High School!



Photo Credits / Milca Valladares

First ever International Dinner and Talent Show

Mia Gleason
Staff Writer

On February 29th, Oroville, California held the The International Dinner And Talent Show, which showcases what our local foreign exchange students have that is special to their home country.

The International Dinner And Talent Show was a potluck dinner featuring food from many different countries, along with entertainment that correlates with the culture within the country, such as dancing or playing an instrument.

When asked about how having an event like The International Dinner and Talent Show benefits Northern California, an exchange student named Duresa Rushiti from North Macedonia who is attending Red Bluff High for her senior year, said, "I think it makes people more understanding of other cultures. Not a lot of people here are able to travel far from Red Bluff, so being able to see other people's culture at The International Dinner and Talent Show is really mind opening."

Duresa said that the foreign exchange programs here in Red Bluff has many more events similar to this, especially around Thanksgiving time.

"I know seeing new places is cool and all, but I love meeting new people here. It's really interesting to see how different they are from the people in my country," says Duresa when asked about her favorite part about living in a different country.

The foreign exchange students want to help inform students at Red Bluff High School about cultures besides their own, like how they are learning about America.

They want them to experience new and different things. They hoped that the staff and students at Red Bluff High School would be able to visit The International Dinner And Talent Show to try something new.

After being asked if there were any upcoming events involving the foreign exchange students, Duresa stated that if there is that they'll inform us through the RBHS Bulletin.

If you are interested in participating in a talent show that is available to all talents, not just those that belong to international students, be sure to check the bulletin!



Photo Credits / Duresa Rushiti



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New coffee shop, 'SIP' proves superior to competitors; best coffee in Red Bluff

Cady Killam
Staff Writer

As a citizen here in Red Bluff, I thought that I would know all the local coffee shops here in town since I've lived here all of my life. But I was wrong. I have discovered a new hangout area called "SIP Coffee" which has amazing coffee,

and is actually moving into the old Scoops building, making it within walking distance for underclassmen at lunch.

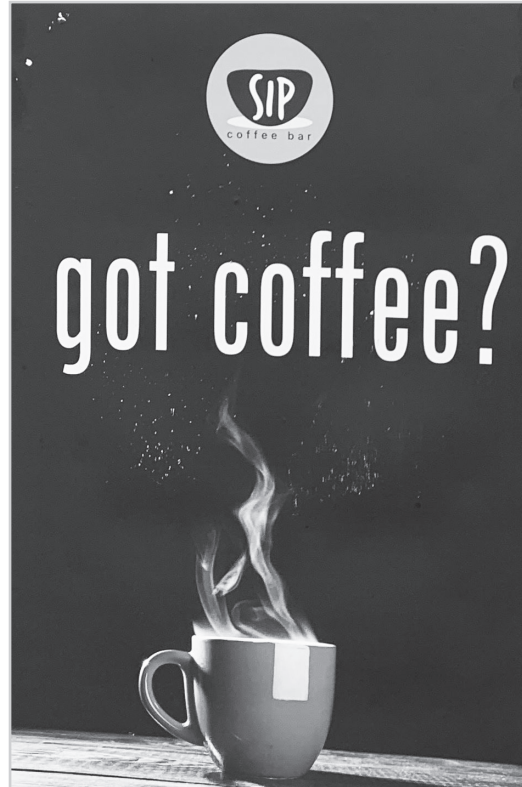
you feel welcome and they treat you like family as soon as you step through the door. Some of the basic breakfast

There's a lot of food items that they can do to custom to the customers' needs and they are happy to do it.

nice warm welcoming hearts and they interact with you once they see you walk in the door. In the last few weeks, this

struggling high school students. When SIP moves into Scoops, they will have much more space to expand their

business, and for customers to relax and hang out. They provide both a welcoming environment to relax, and amazing drinks. My favorite items on the menu are the Tri-Tip Breakfast Burrito, which can be made vegetarian friendly, the Breakfast Bowl, and the Chi Tea, which tastes exactly like a snickerdoodle cookie. Overall, SIP Coffee Shop is a hidden gem in our community and everyone should go try one of the best coffee shops in the north state.



mochas and breakfast items that taste better than Starbucks or Java Detour. The prices vary but the size of the item you buy is significantly bigger, and for a cheaper price than any other coffee shop in town. This coffee shop is right around the corner from school

It has an incredibly cozy vibe to it because inside the shop there is a lounge area with a little couch, a table, and even several stuffed animal sloths perfect for leaning against, there to help make yourself feel comfy and at home. The ladies that own the coffee shop are extremely kind and friendly, making

burritos you get at Starbucks are just warmed up from plastic packaging, but the breakfast burritos at SIP are made by hand and taste delicious, they even use fresh tri tip. They can also make vegan breakfast burritos, making them very inclusive of all diets and types of eaters.

At the moment, they are sharing their building with two others, which makes for a nice combination of a plethora of different smells, because you can also order smoothies, ice cream and acai bowls while enjoying a nice cup of coffee and breakfast burrito. Everyone there has such

has become a wonderful new hangout spot for groups of friends, and supporting our local business is significantly better than spending all of our caffeine addiction money on big corporations like Starbucks. When SIP begins to get a bigger clientele they will even bring more jobs to the community and even to



An amazing coffee shop with great food and a friendly environment.

Flex Tape: a waste of time & money

Edward Rosas
Staff Writer

Why do we Americans create such useless things? And when I say useless, I mean stuff that we don't really need in our everyday lives, like a new brand called Flex Tape. Consumers, including some people I know, say that the only reason they bought Flex Tape was because they wanted a better way of stopping a leak in their boat, but when they purchased the item the store owner had pointed out how lots of customers had tried to return them. It was so easy to believe a commercial where they test the product and show everything they do work on, but one thing they don't show their consumers and the public is all the things they do not work on.

not have a great profit or work? Because some Americans are tricked by commercials, and when they see them, they believe them. If Flex Tape is the best option out there, why aren't they showing us the quality of the tape and what it really does? They don't show us how it pulls paint off the walls or how it sticks then when you pull it off, it doesn't come off all the way it leaves marks. I would not recommend buying this product, it doesn't work and scams you and other customers. All in all this product isn't the best and is a complete waste of your hard earned money, and I say you should not purchase this because of all bad misconceptions about their product.



A bad product that misleads customers and wastes money.

'To All the Boys I've Loved Before' sequel disappoints and frustrates

Dalia Barragan
Staff Writer

A follow-up to the movie "To All the Boys I've Loved Before" was recently released on Netflix, continuing the book-series' movies; written by Jenny Han. On February 13, one day after Netflix's release date, I buried myself under about three blankets and focused all of my attention onto my TV screen. I was so excited. Although I've never read the books, I do have a soft-spot for teenage rom-coms and have now formed many new opinions based off of Lara Jean's messy actions. Where do I even begin? I know. The pool scene. Peter Kavinsky had planned on hooking up with Lara's ex-best friend that night, had Lara not shown up. Revolting. And you know what she did? Lara still chose Peter. But for what? It baffles me. John Ambrose, the second love-interest introduced in the sequel, was her first love! He deserved attention, and love, and all of her affection. But no.

Messy Lara Jean stuck with Peter Kavinsky's crusty and mediocre self for reasons that have remained unexplained to this day. I am thoroughly disappointed in her. As a viewer, you might have anticipated a tad bit of character growth and development. You

would've hoped that Lara might have matured and valued herself enough to so much as chose a person that equally chooses her. And still, no. Lara leads sweet John Ambrose on, because she feeds off of the attention that he gives to her

(which she does not deserve!) and still does the poor guy dirty. I do not know if Netflix is planning on producing a third movie to add onto this trilogy, but I do wish to see Lara and John together; even though I know deep in my moral conscience, that she does not deserve him, because he should've been the one. He did everything right. If I could make him pocket-sized I'd take him everywhere. He was sweet and did right by her. I will never not be team John Ambrose. Even his name is great. Rolls right off the tongue. Here's to all the guys that have been done wrong by their own versions of a messy Lara Jean. You one-hundred percent deserve better than that.



A disappointing sequel with frustrating characters.

Hydroflasks offer something for everyone

Jayne Brandt
Staff Writer

Are Hydro Flasks really worth the hype, or are they just another thing VSCO girls have hyped up to the point of being popular? Created in 2009 by a dissatisfied Oregon couple, Hydro Flask has been around for more than a decade. It all started when a couple from Bend, Oregon decided

to take the double walled vacuum insulated technology and put it into a bottle for active people on the go. Since then, Hydro Flask has expanded into everything from the classic bottle to baby bottles, ice chest backpacks, and even lunch boxes. For enthusiasts, every mobile food and drink container can be the Hydro

Flask brand. The brand does live up to the hype though. The bottles never sweat, leaving counters wet and making a mess. They are also able to make ice water stay ice water overnight, keeping the drink cold. Warm drinks like coffee and hot chocolate also stay at the perfect temperature for hours in Hydro Flasks.

They also come in a variety of designs and colors. You can buy a plain white one, an hombre sunset with mountains on it, or the perfect pastel color. They are also very durable products, being dropped almost 24/7 with minimal scratches or dents. If you do end up with a few scratches, it's a great conversation starter.

Nearly every person has a Hydro Flask, which only speaks for itself. Hydro Flasks are definitely here to stay. Additionally, they are helping reduce plastic water bottle waste, and thus extremely beneficial for the environment. Because they are so popular, many non reusable water bottles have been replaced, decreasing our harmful

impact on the environment and promoting recycling. They also have a huge variety of lids for every type of person, sippy lids, for the athlete, and coffee lids for the addict. The diversity brings in even more customers than competing brands like Klean Kanteen, S'well, ect... If there is anyone who doesn't have one, they should try one. There is a hydroflask for everyone!



Varsity baseball gains new players this season and begin training for games

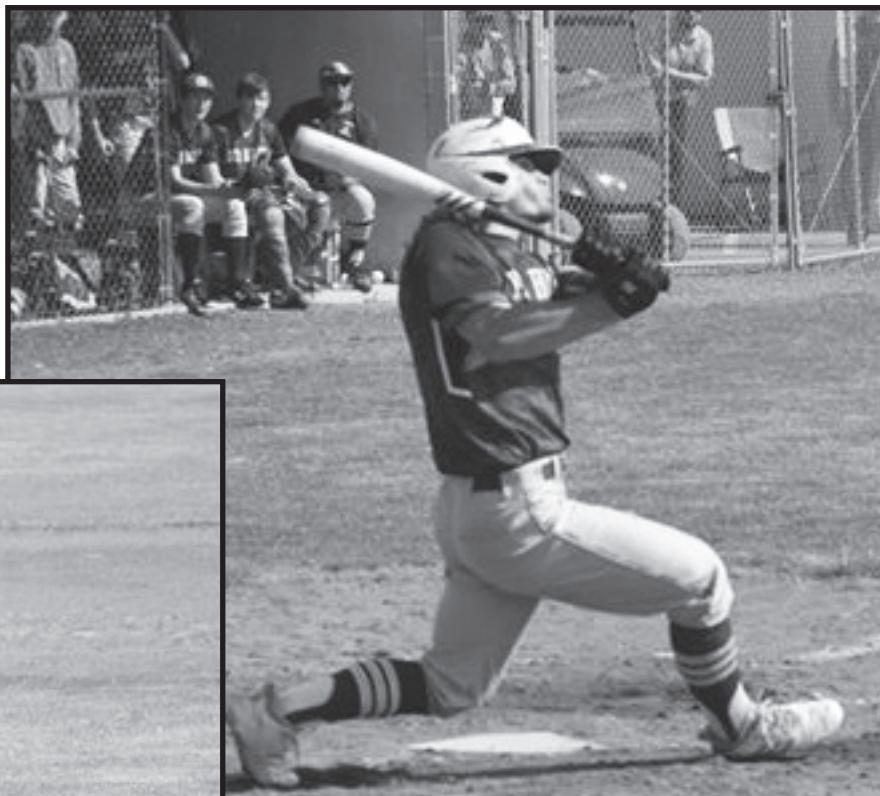
Cooper Bonham
Staff Writer

Red Bluff baseball is just around the corner for all leagues, High School, Middle School, and little league. Red Bluff varsity baseball is coached by Ryland Sanders. Red Bluff High Senior Eli Wehbey, who just got into baseball again, says "I decided to play this year because the coaches asked

me to come try it out". The last time Eli Wehbey played baseball was when he was eight years old, in 2012. Eli Wehbey decided to start playing again personally because, "I decided I wanted to play again because I know I'd have a lot of fun hanging with my friends, and it would be a good thing to be a part of."

Eli Wehbey says, "My favorite part about baseball

When asked what he is looking forward to most this



Collage of RBHS baseball boys competing in recent tournament.



goal Eli Wehbey says "as far as my personal goal, I just want to work my hardest so I can get back in the groove so I can compete my best everyday and be able to contribute to the team's success."

Varsity has tournaments throughout the season like Fresno. This tournament consists of many teams from all over Red Bluff High School will play many games as well. As of right now, Varsity is playing in

tournaments, like JV, which is considered "pre-season." Once league starts Varsity baseball will compete against teams like, Foothill, Enterprise, Pleasant Valley, Chico, Shasta, etc. The team will be competing for a spot in the play-offs in hope of another championship. In the past, RBHS has been the 2015 Baseball Northern Section Champs, 2015 Baseball EAL-SRL Co-Champs, 2014 Baseball EAL-SRL Co-Champs, and 2011 Boys Baseball EALS Co-Champs.

Photo Credits: Jamie Keffer



Varsity Softball Prepare for first game

Chris Huhn
Staff Writer

The Red Bluff High School's Girls Varsity Softball started their season on February 17 by having their first practice. Their first game is March 13 at the Pleasant Valley tournament. Their first game of the tournament is against Lassen. The team is very excited for their upcoming games. The tournament works by each team playing five games and the team who has the best record at the end wins the whole tournament. The team has high hopes for their games and believes that they can win the tournament

and beat the other teams. The team believes that this will be a good start to their season and it will boost their confidence. They believe that their season will go well and they will have a chance at winning

softball for 11 years. Her goal for the season is "to win the section title." Her favorite part of the season is "bonding with my coaches." Norton plays second base for the team. A junior on the team Alisa



Varsity softball team poses for a group photo before practice on Friday, March 6.

the section title this year. They are working hard and know that if they play well in their games they will be able to win the section title. A junior on the team Tera Norton, has been playing

this Her favorite part about softball is "sharing memories with my teammates." Her strengths are infield and defense and her weaknesses are base running

JV Baseball Participates in a four game tournament

D'Angelo Ackley
Staff Writer

Baseball season has officially started at Red Bluff High School. The Junior Varsity (JV) team has had four games in a single tournament so far this year. They started off the season with a twenty to two win against the Anderson Cubs. The second game was a nine to three win against Durham. The third game was an eleven to one loss to the Foothill Cougars. The fourth game was a nine to one win against the West Valley Eagles. Sophomore first baseman, third baseman and pitcher, Royce Vaught says his favorite part of baseball is "the chatter between the

teams and intensity of the game." The "chatter" between teams is basically trash talk. His goal for the season is to beat Pleasant Valley, who is a steadily good baseball program in the Eastern Athletic League. Sophomore third baseman,

baseball for three years. He describes himself as a utility player saying he'll play "anywhere the coach is me". His favorite part is when the team has a really good inning and everyone gets excited. Asa's goal for the season is to win the league. Sophomore, Colton Lawrence has been playing baseball for nine years. He is a pitcher and catcher. Colton says his favorite part of baseball is striking kids out. Colton's favorite memory from baseball is hitting a walk off on his teammate, Leyton Henderson. He expects to win the league this year, and he believes the team is good enough to do so. He has not played yet this year because he has been dealing with a wrist injury.

**"My favorite part of baseball is the 'chatter' between teams and the intensity of the game."
-Royce Vaught (10)**

JV Softball Team begins new season just in time for the new softball field completion

Colton Carver
Staff Writer

The Red Bluff High School girls JV softball team has just about begun their long season in time for the new softball fields completion. The girls JV team has their first league game

coming up later this month, but will be playing in non league tournaments as they prepare for the season ahead. The girls team had their first tournament game Friday, March 6 and will play multiple games throughout. Sophomore Aubree Bachmeyer who has been playing softball for ten years

now is just one of the twenty plus players on the JV team. Bachmeyer plays third base and left field; when asked what she is looking forward to most about this season she reported, "Getting to know everyone better and traveling to games". When asked what her favorite part about playing

softball Bachmeyer said, "I enjoy all aspects of softball, but if I had to choose one it would be hitting". Aubree is joined on the field by sophomore Ashley Nunez who has played for nine years and freshman Mackenzie Bradley who has played for ten. Ashley, who is the team's catcher, is looking forward to

the team's wins on the field and said "The friendships that you make and relationships that you build with people over years of playing with them" is her favorite part of playing softball. Mackenzie, the team's shortstop and center fielder, is looking forward to the long trips to all the far games and

being excused from class. When asked what the team's biggest strengths are, the three players all mutually agreed that the team communicates very well. The team has a number of experienced players and we can anticipate a good season for our JV softball.

Student Feature: Jakob Fregoso

Written by: Chris Huhn

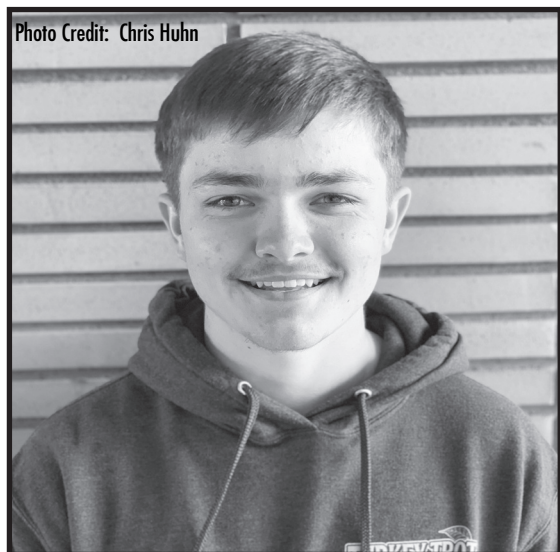


Photo Credit: Chris Huhn

The Red Bluff High Schools player of the issue is Jakob Fregoso. Fregoso is a senior on the varsity baseball team. He has been playing baseball for 13 years and his favorite part about baseball is hitting. His goal for the season is to win the section title. Fregoso has played third base his whole life. His greatest strength is "my hard work" and his he says "I don't have a weakness." Fregoso says that he is most looking forward to "anytime we play PV and the section title." Fregoso believes that he will do well this season and he has been preparing by working out and hitting in the cage.

CORONAVIRUS (COVID-19) EXPANDS ACROSS THE UNITED STATES AND THE WORLD

The Coronavirus is a rapidly spreading pandemic in over 60 countries. At the beginning of 2020, the Coronavirus also known as "SARS-CoV-2" was born in Wuhan Hubei Province, China. This SARS-CoV-2 virus is a betacoronavirus that is originated in bats. It is rarely contracted by humans but once contracted by humans can spread person-to-person. The Coronavirus suggests a person-to-person spread because many have had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

*Symptoms may appear 2-14 days after exposure. If you have been in China within the past 2 weeks and develop symptoms, call your doctor.

Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

The best way to prevent one-virus. The best way to prevent one-self from contracting the virus is to avoid close contact with anyone who is sick, do not touch your eyes, nose, or mouth and to make sure you stay home when you are sick to not affect others. The Center for Disease Control and Prevention provides more information on travel prevention plans, symptom lists, and what to do if you think you are infected.

COVID-19 SYMPTOMS

CORONAVIRUS DISEASE 19 2019 (COVID-19)

SYMPTOMS* OF CORONAVIRUS DISEASE

Patients with COVID-19 have reportedly

had mild to severe respiratory illness.

Symptoms can include

- Fever
- Cough
- Shortness of breath

*Symptoms may appear 2-14 days after exposure. If you have been in China within the past 2 weeks and develop symptoms, call your doctor.



THE RED BLUFF HIGH SCHOOL STAFF ARE TAKING PRECAUTIONS TO KEEP STUDENTS SAFE. THE ANNUAL ITALIAN EXCHANGE PROGRAM HAS BEEN OFFICIALLY CANCELED IN ORDER TO KEEP EXCHANGE STUDENTS AS SAFE AS POSSIBLE. THE AUSTRIAN EXCHANGE PROGRAM HAS NOT BEEN OFFICIALLY CANCELED BUT IS PENDING AND BEING CLOSELY MONITORED IN SURROUNDING AREAS.

NUMBER OF DEATHS WORLD-WIDE



NUMBER OF CASES WORLD-WIDE

